

<i>Service</i>	<i>Brisbane</i>	<i>Melbourne</i>	<i>Perth</i>	<i>Sydney</i>
Food	Brisbane Relief Hub 1300 865 306 <i>Free dinner Wednesday nights</i>	The Collingwood Cottage 03 9417 2959	Australian Red Cross 08 9225 8888	Sydney Street Kitchen 0460 410 355 Dec 11, 12, 16, 18, 22, 24, 25
	The Pantry 03 3198 4410	Crossways Restaurant 03 9650 2939	The Spiers Centre Inc 08 9401 2699	The Food Pantry 02 9569 7633 Tue & Thu, 12pm-4pm
	Homeless Hotline 1800 474 753	Second Bite 1800 263 283	St Vincent de Paul Society WA 1300 794 054	Wesley Connect 02 9263 5464
	Salvation Army 13 72 58 Elevate Church		The Salvation Army Doorways 08 9398 2244	Free Food Pantry 0449 844 006 Hawkesbury Helping Hands 02 4577 7077
Accommodation	Anglicare Southern Queensland 1300 610 610	Crisis Housing 0468 399 714	St Barts 08 9323 5000 Anglicare WA 08 9301 8500	Sydwest Multicultural Services 02 9621 6633 Wentworth Community Housing 02 4777 8000
Mental Health Domestic Violence	QLD Mental Health Commission 1300642 255	Head to Help 1800 595 212	Domestic Violence Helpline 1800 007 339	1800 Respect (24 Hours) 1800 737 732
	1300 MH Call 1300 642 255	Mental Health Foundation Aus 1300 643 287	Crisis Care 1800 199 008	Domestic Violence Line (24 Hours) 180 65 64 63
	Harmony Place 07 3848 1600	Cairnmillar Institute 1800 391 393	Multicultural Womens Advocacy 08 9328 1200	Lifeline (24 Hours) 13 11 14
			Multicultural Series Centre of WA 08 9328 2699	Beyond Blue 1300 224 636
				Black Dog Institute 02 9832 4530
				Headspace (Up to 25 year olds) 02 9114 4100
CALD Services				Philippine Australian Community Services Inc: 02 9677 0496
				Settlement Services International 02 8799 6700