



AUSTRALIAN COLLEGE OF
SPORT & FITNESS



RPL Candidate Guide

HLT52015 - Diploma of Remedial Massage

Recognition of Prior Learning (RPL) and Course Credit (CT) Candidate Guide

Qualifications

- HLT52015 - Diploma of Remedial Massage

A guide to recognition of prior learning for massage therapists

'This is a modified document based on materials prepared by Innovation and Business Skills Australia Ltd, the original of which can be found on the IBSA website <http://www.ibsa.org.au>.'

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Introduction

Australia's massage industry is very competitive in recent years with the healing powers of massage therapy a significant benefit for mental relaxation and alleviating physical symptoms of discomfort and pain prevalent in our modern lives. The excellence of this industry stems from the variations in massage styles, treatment options and skill that therapists gain through training and experience.

National qualifications and skill sets in the massage sector ensures skills and knowledge is formally recognised at a national level.

They do this by undertaking what is called recognition of prior learning (RPL) – a process that involves producing evidence of the skills and knowledge they already have, so that registered training organisations (RTOs) offering national qualifications can determine where they are equivalent to what is being taught.

Credit Transfer (CT) is also offered for units of competency that have been successfully completed at any RTO.

The aim of this guide is to help experienced massage therapists put together the evidence they need to apply for RPL and CT to be awarded a Statement of Attainment for the units outlined below in:

- HLT52015 - Diploma of Remedial Massage.

These units of competency from CUA Live Performance Training Package, HLT Health Training Package and SIS Sport, Fitness and Recreation Training Package meet industry requirements for providing massage therapy training to individuals in a clinical environment.

Candidates may be awarded RPL/CT for individual units of competency, complete modules or full qualifications. Candidates must be aware that some modules are delivered holistically, and as such, RPL of partial modules may not always be possible.

Note that course credit may only result in a reduction of tuition fees for cases where students have course credit granted for a whole term of study, on the condition that the Course Credit Application was submitted with a minimum of 10 working days prior to the commencement of the term that the student applied for course credit.

If the Course Credit Application was submitted within 10 working days of term commencement or once the term commenced, the student will not be required to attend classes however, the student will NOT be eligible for fee reduction.

If course credit for a whole term is granted, the student is not required to pay tuition fees for the term/s in which course credit has been granted to the whole term.

Modules and Units of Competency

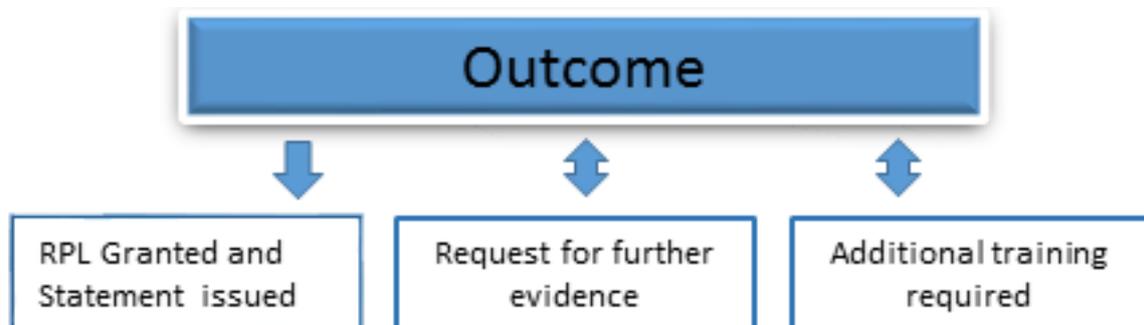
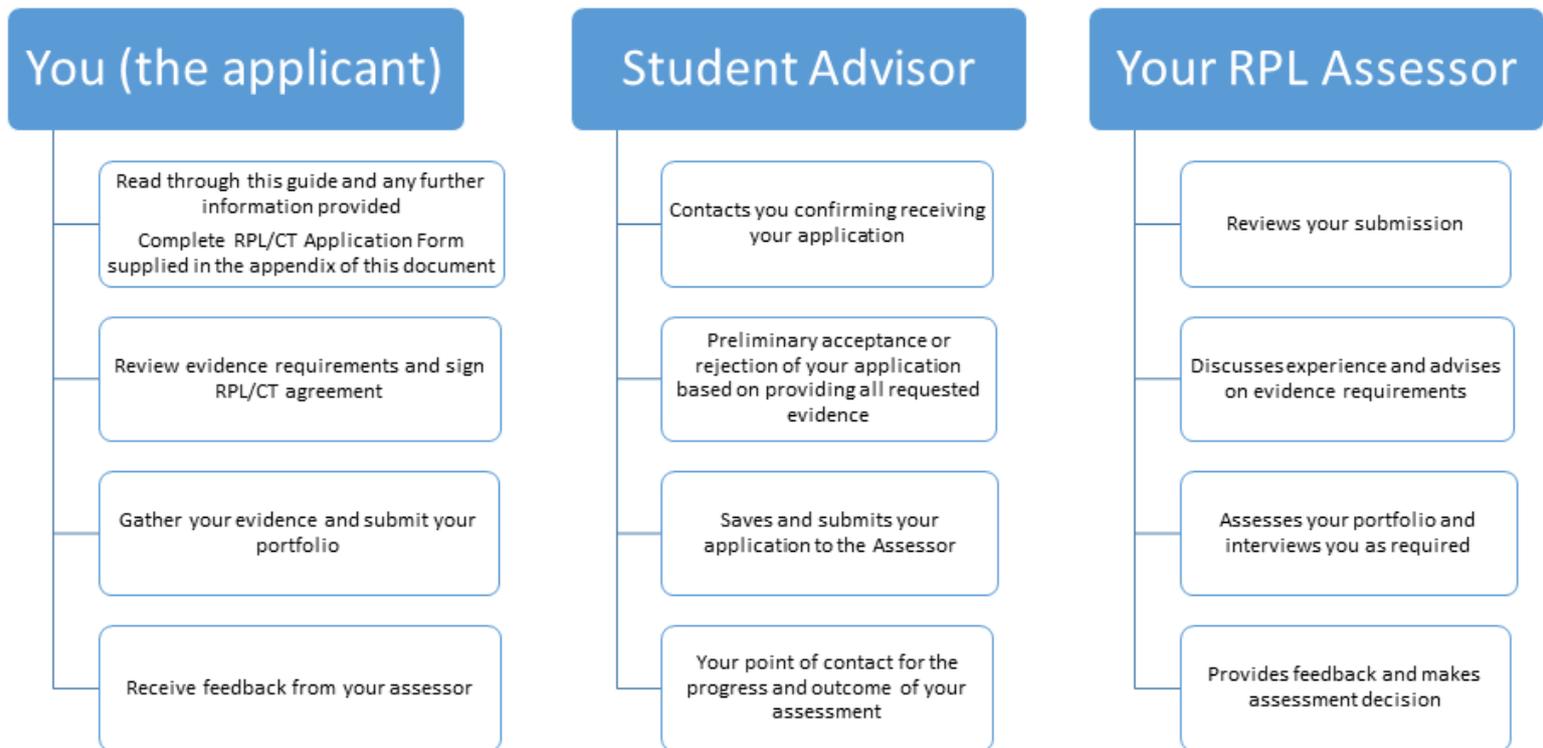
The following tables show a list of the units of competency as they are delivered in modules in each qualification.

HLT52015 - Diploma of Remedial Massage

The following units, make up the Diploma of Remedial Massage.

Unit Code	Unit of Competency Name	Field
CHCCOM006	Establish and manage client relationships	Core
CHCDIV001	Work with diverse people	Core
CHCLEG003	Manage legal and ethical compliance	Core
HLTAID003	Provide first aid	Core
HLTINF004	Manage the prevention and control of infection	Core
HLTMSG001	Develop massage practice	Core
HLTMSG002	Assess client massage needs	Core
HLTMSG004	Provide massage treatments	Core
HLTWHS004	Manage work health and safety	Core
CHCPRP003	Reflect and improve on own professional practice	Core
CHCPRP005	Engage with health professionals and the health professional system	Core
HLTAAP002	Confirm physical health status	Elective
BSBSMB404	Undertake small business planning	Elective
HLTMSG003	Perform remedial massage musculoskeletal assessments	Core
HLTMSG005	Provide remedial massage treatments	Core
HLTMSG006	Adapt remedial massage practice to meet specific needs	Core
HLTMSG008	Monitor and evaluate remedial massage treatments	Core
HLTAAP003	Analyse and respond to client health information	Core
HLTAAP001	Recognise Healthy body systems	Elective
HLTHPS010	Interpret and use information about nutrition and diet	Elective
BSBWOR203	Work effectively with others	Elective
CHCPRP006	Lead own professional development	Elective

The RPL and CT Process



Course Credit Process Overview

How to Submit your Course Credit Application

1. Complete the RPL/CT Application Form in [Appendix 5 – RPL and CT Application Form](#).
2. Collate your evidence to support your application, using this guide to assist you.
3. Submit the application form and evidence via email to admissions@alg.edu.au. All evidence must be scanned as per scanning requirements below.
4. Pay the Course Credit application fee (non-refundable, regardless of the outcome). If payment details are provided in the Course Credit application form, payment will be processed upon receiving your application.

Assessment and Outcome

- The student application will be assessed based on the evidence submitted in your Course Credit Application. If the evidence submitted in the application is not deemed adequate in terms of authenticity, validity, reliability, currency or sufficiency, the assessor may request further evidence. Further training may also be required.
- The student will be advised of the outcome of the application via email.
- The outcome will include the module/subject/classes/UoC successfully exempted and the requirements for further assessment.
- The outcome will also include any reduction in fees. Fee reductions are ONLY applicable for cases where students have course credit granted for a whole term of study, on the condition that the Course Credit Application was submitted with a minimum of 10 working days prior to the commencement of the term that the student applied for course credit. If the Course Credit Application was submitted within 10 working days of term commencement or once the term commenced, the student will not be required to attend classes however, the student will NOT be eligible for fee reduction. If course credit for a whole term is granted, the student is not required to pay tuition fees for the term/s in which course credit has been granted to the whole term.
- For cases where course credit is not granted for a whole term of study but is granted only for some module/subject/classes in a term, student's attendance for those module/subject/classes is no longer required. In these cases, course credit will NOT result in a reduction in fees.

Finalising Course Credit

- The student must sign their outcome agreement in order to finalise the Course Credit process.
- The student record will be updated according to the outcome of the application.
- If the student does not agree with the outcome of the application, the student has the right to appeal using ALG's appeals process.

Document and Scanning Requirements

Please attach scanned copies of academic transcripts, course outlines, diplomas, degrees or other certifications. All documents must be in English. Translated documents must be from an authorised translation service.

Requirements of scanned documents:

- Documents must be scanned from the original documents. Scans from a photocopy or a faxed copy are not acceptable
- Documents must be scanned in colour
- Applicants must ensure no portion of the document is missing (look out for page numbers)
- Documents must be scanned at the original size. If the document is larger than A4 then the document should be scanned in A4 sized portions without size reduction
- If the document has markings or text on both sides e.g. a registration number then both sides must be scanned
- File size of any single document should not exceed 3MB

- ALG reserves the right to view original versions, conduct authenticity checks, of any scanned documents which accompany your application at any stage of the process.

Tips for Application

- Details must be provided, not just certificates or transcripts. Unless you provide certificates from another registered training organisation, certificates do not contain the detail needed to assess your training. Please provide detailed content of the studies you have undertaken and your experience.
- Details need to include hours of study for each unit and date/year studied
- Current competency – this requires that your skills have been used in the last 2-3 years. If you have studied more than 4+ years ago, you must provide evidence of current competency i.e. you have been working in that field and your skills are still current.
- Allow a minimum of 10 working days needed to review documents, provided that all the relevant documentation has been received from the student.
- Review the competency list provided – and outline where your training covers these areas.

Fees

The Course Credit Application Fee – Initial

There is a non-refundable application fee applicable (regardless of the outcome) to each course credit application a student submits (refer to the [Additional Fees Schedule](#)).

This is the fee to initially assess the application you have made and to assess either:

- Immediate credit that can be granted based on evidence provided and/or
- Additional credit that may be possible if additional evidence and/or assessment is provided and undertaken.

First Aid Unit Credit Transfer – for course credit applications involving a *credit transfer* of previous achievement of first aid units, ALG does not charge this application fee.

Course Credit Additional Administration/Assessment Fee

In some cases, after the initial course credit assessment has been undertaken the assessor may identify that the application has not been completed correctly and/or there is need for additional evidence and/or there needs to be additional direct assessment if credit is to be given.

In this case, if the student does choose to provide the additional evidence or undertake the assessment then Course Credit Additional Administration/Assessment Fees may apply. These will be explained to the student prior to undertaking this step.

Evidence

In applying for RPL/CT, you will be assessed against the requirements of the units listed in the relevant qualification as outlined previously. [Appendix 1 – Sample Unit of Competency - SISXCCS003 Address client needs](#) contains a copy of one of these units. You may wish to access www.training.gov.au and search for every unit in the qualification to assist you with your submission. Alternatively, use the table below as a basis for collecting evidence, your RPL assessor will also guide you in this regard.

After submitting your application, the RTO may require a meeting with you to discuss your experience and to advise on the most appropriate evidence for you to present in light of your experience and particular circumstances. This will be summarised in the RPL/CT agreement mentioned in the above diagram.

Generally speaking, most requirements can be covered through two types of evidence.

1. Authenticated documentation.

2. Videos of you teaching classes. If the RTO happens to be nearby, you may be able to arrange for the assessor to observe you teaching classes. This would eliminate the need for video recordings.

This evidence will be supplemented by:

- information about your experience as a dancer and dance teacher supplied on the RPL application form you submit to the RTO (e.g. a copy of your resume)
- how you respond to questions the assessor asks during interviews

Approach the RPL process as you would a job interview. In that situation you submit documentation, such as:

- your application, which addresses selection criteria
- your resume
- copies of your qualifications including transcripts
- examples of work you have done
- references from current and previous employers

The information you provide at the application stage may be enough to grant RPL. For example, if you have previously studied the same unit of competency. A student who holds a valid first aid certificate would not be required to undergo an interview and there would be no need to provide further evidence in this case.

Your RPL assessor may request an interview by phone or in person if required. This will involve answering questions about aspects of the job. This is your opportunity to expand on what you submitted in written form. The interviewer may also discuss other types of evidence that must be submitted to satisfy RPL assessment.

Key Principles of Evidence

The standards under which RTOs operate are very specific about the types of evidence that must be submitted to support your assessment. Evidence must satisfy ALL of the following points:

Evidence must be:

valid	<ul style="list-style-type: none"> • directly related to the unit of competency
sufficient	<ul style="list-style-type: none"> • covers everything in the unit of competency • shows competency over a period of time • shows competency in different contexts
current	<ul style="list-style-type: none"> • relates to experience in the past two to three years
authentic	<ul style="list-style-type: none"> • can be clearly identified as evidence of your own competence.

Remember: your assessor must be satisfied that your evidence satisfies each of the key principles of evidence. If it does not, your assessor will ask for further evidence or will be unable to grant the RPL.

A range of documentation developed by the candidate may be used to show evidence of requirements. It is important to remember that to satisfy the rules of evidence, more than one piece of evidence may be required to demonstrate competency.

Below is a list of the types of evidence that can be used, but this is by no means exhaustive:

- Third-party verification that documentation was developed by the candidate
- Response to questions during an assessor interview (phone, skype or in person)
- References (written or verbal) from current and/or previous employers
- Resources developed by the candidate and verified by a third party
- Observation of the candidate undergoing practical tasks (video or direct)

- Verification by third party that the candidate has undergone practical tasks or displayed relevant knowledge
- Documented self, peer or employer evaluations of candidate's performance
- Evaluation sheets completed by clients or third parties
- A Statement of Attainment for a unit that has been obtained through having completed an accredited course in the past two or three years
- Outlines, reports, documentation, programs or sessions that have been completed by the candidate.

[Appendix 3 – RPL Evidence Samples - HLT52015 Diploma of Remedial Massage](#) has been developed to provide guidance on the types of evidence that may satisfy your RPL request. Any evidence must be assessed against the performance criteria, performance evidence, knowledge evidence and assessment conditions of the unit.

Assessor interview

An interview may be conducted in person or by phone if required. In an interview, your assessor will be checking that you have the underpinning knowledge required by the units of competency. The good news is that many of the knowledge requirements are repeated across units.

Prior to meeting with your assessor, read through the required knowledge section of each unit of competency, as well as the elements and performance criteria and associated range statement. This will give you a clear picture of the underpinning knowledge required. Since your assessor will already have your documentary and video evidence, you may find questions that relate to those sections as well.

[Appendix 4 – Sample Interview Questions - HLT52015 Diploma of Remedial Massage](#) shows sample questions that you can expect in the interview.

The RPL agreement

Once you have submitted your application and your first round of evidence, your assessor will provide you with a simple agreement that states:

- the supplementary evidence candidates must provide
- the timeframe for submitting evidence
- arrangements for the assessor interview (if needed) and other activities, such as video submission
- contact details for people who can authenticate documentary evidence that candidates provide
- cost to the candidate.

The Assessment Decision

Your assessor will make an assessment decision based on the evidence that you have provided. That decision may be:

1. Full RPL for the entire qualification (Statement of attainment issued)
2. Partial RPL for modules or units of competency within a qualification (Statement of attainment issued)
3. Request further information
4. Request further training
5. Require challenge tests to be completed

Right to Appeal

As with all assessment decisions, students have the right to appeal the assessment decision. The process for appeal is documented in the Student Handbook.

Reasonable adjustment

Reasonable adjustment in VET is the term applied to modifying the learning environment or making changes to the training delivered to assist a learner with a special need. A reasonable adjustment can be as simple as changing a written exam question to a question that is asked orally, or providing additional time for completion. Reasonable adjustment must NOT affect the rigour or intent of the requirements of a unit of competency. For instance, if a unit requires students to complete a form, it would not be 'reasonable' to have them respond orally. Your RPL assessor will reasonably adjust any assessment where possible if you inform them of a special need to do so.

Outcome of Application

Allow a minimum of 10 working days needed to review documents, provided that all the relevant documentation has been received from the student.

If credit is given, a course credit document will be issued stating the components within the course that the student is exempt from attending/completing.

If no credit is given, the candidate will be provided with information as to why the application was unsuccessful and advise the next steps to gaining the qualification.

Appendix 1 – Sample Unit of Competency - SISXCCS003 Address client needs

SISXCCS003 Address client needs

Modification History

Release	Comments
<i>Not Applicable.</i>	

Application

This unit describes the performance outcomes, skills and knowledge required to manage ongoing and sometimes complex relationships with clients. It requires the ability to match client services to client needs and to be familiar with service provision options that can be negotiated with the client and customised to meet their needs.

This unit applies to individuals who work in a client service delivery role such as program developers and coordinators, competition organisers, trip leaders, after-school or holiday-care coordinators, logistics coordinators and sports trainers in work environments such as community recreation centres, aquatics centres and camps.

These individuals undertake work according to relevant legislation and organisational policies and procedures.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil.

Competency Field

Client and Customer Service.

Unit Sector

Cross-Sector.

Elements and Performance Criteria

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Identify client needs.	1.1 Establish rapport with clients. 1.2 Identify and confirm client needs, expectations and preferences. 1.3 Explain available services to client using appropriate communication strategies.
2. Recommend services.	2.1 Develop and maintain knowledge of client services. 2.2 Research and compare other relevant available services. 2.3 Match client needs to available services and respond to client queries and requests. 2.4 Identify gaps in service provision in relation to client needs. 2.5 Recommend alternative services when needs cannot be met.
3. Customise services.	3.1 Assist client to evaluate service options according to their needs. 3.2 Determine and prioritise preferred service option. 3.3 Identify potential areas of difficulty in client service delivery and take action to meet needs. 3.4 Develop customised solutions specific to customer requirements. 3.5 Negotiate and confirm solutions with client.

4. Confirm services.	4.1 Complete documentation as required according to organisational policies and procedures. 4.2 Refer client to appropriate personnel and follow up to ensure satisfaction with service provision.
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Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

Skills	Description
Reading skills to:	Interpret documentation in relation to service delivery.
Problem-solving skills to	Negotiate modifications and solutions to address specific client needs.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- provide professional and personalised client services within commercial time constraints and designated response times that meet client expectations in relation to at least three of the following:
 - general assistance
 - special requests
 - fitness programs
 - recreational activities
 - aquatics based programs
 - sport based programs
- communicate with customers from each of the following categories in providing a total client service experience:
 - different ages
 - different social and cultural backgrounds
 - special needs
- negotiate with client to address any areas where clients are experiencing difficulties or concerns
- customise services to the individual’s needs.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- relevant legislation related to customer service:
 - consumer law
 - equal opportunity
 - work health and safety/occupational health and safety
 - promotions
- organisational policies and procedures to enable ethical and non-discriminatory treatment of client requests and resolution of complaints:
 - communication protocols
 - complaint procedures
 - customer service procedures
 - reporting procedures
 - personal presentation
 - privacy
 - record keeping procedures
- detailed product knowledge to recommend customised solutions to meet client needs
- services offered by other providers to make recommendations to clients when their needs cannot be met
- principles and benefits of enhanced customer service experiences and positive communication
- techniques to anticipate customer preferences, needs and expectations throughout the service experience
- methods for enhancing service delivery in response to staff and customer feedback
- conflict resolution strategies to enable safe and satisfactory delivery of client service and resolution of complaints
- the specific industry sector:
 - professional service standards and protocols for service industry personnel
 - attitudes and attributes expected by the service industries to work with customers
 - different customer service needs and expectations
 - the particular organisation:
 - designated response times for providing service and resolving complaints
 - customer service policies and procedures, including those for complaint handling
 - promotional services offered.

Assessment Conditions

Skills must be demonstrated in:

- a client service delivery environment. This can be a workplace or simulated environment.

Assessment must ensure use of:

- documentation related to service provision and organisational policies and procedures for customer service:
- staff codes of behaviour
- documentation requirements
- quality systems, standards and guidelines
- customer service and feedback requirements
- clients with whom the individual can interact; these can be:
 - clients in an industry workplace who are assisted by the individual during the assessment process or
 - individuals who participate in role plays or simulated activities, set up for the purpose of assessment, in a simulated industry environment operated within a training organisation.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.

Unit Mapping Information

SISXCCS404A

Links

Companion Volume Implementation Guide: - <http://www.serviceskills.com.au/resources>

Appendix 2 – Sample RPL and CT Agreement and Outcome Letter

Candidate's Name:			
Assessor's Name:			
RPL fee payable			
Qualification/ Units of Competency assessed	<Qualification or units>		
Evidence Provided			
Assessment decision by unit	CHCCOM006	Establish and manage client relationships	FE
	CHCDIV001	Work with diverse people	FE
	CHCLEG003	Manage legal and ethical compliance	FE
	HLTAAP002	Confirm physical health status	FE
	HLTAID003	Provide first aid	FE
	HLTINF004	Manage the prevention and control of infection	FE
	HLTWHS004	Manage work health and safety	RPL
	BSBSMB404	Undertake small business planning	RPL
	CHCPRP003	Reflect on and improve own professional practice	NA
	CHCPRP005	Engage with health professionals and the health professional system	RPL
	HLTMSG001	Develop massage practice	CT
	HLTMSG002	Assess client massage needs	RPL
	HLTMSG003	Perform remedial massage musculoskeletal assessments	CT
	HLTMSG004	Provide massage treatments	FE
	HLTMSG005	Provide remedial massage treatments	FE
	HLTMSG006	Adapt remedial massage practice to meet specific needs	FE
	HLTMSG008	Monitor and evaluate remedial massage treatments	FE
	HLTAAP003	Analyse and respond to client health information	FE
	HLTAAP001	Recognise Healthy body systems	FE
	HLTHPS010	Interpret and use information about nutrition and diet	RPL
BSBWOR203	Work effectively with others	FE	
CHCPRP006	Lead own professional development	FE	
CT = credit transfer RPL = Recognition of Prior Learning FE = Further evidence required GP = Gap training N = Not part of application			
Further evidence to be submitted	<specify exact detail of what the candidate must provide>		
Names and contact details for those who can authenticate documentation	Name and position: Company: Contact details:		
Assessor's signature:		Date:	
The candidate has been supplied with the following information:	<input type="checkbox"/> Explanation of the RPL assessment process <input type="checkbox"/> List of relevant UOCs <input type="checkbox"/> An explanation of the evidence to be submitted <input type="checkbox"/> An explanation of the right to appeal the final assessment decision <input type="checkbox"/> The availability of reasonable adjustment for special needs if required		

By signing this agreement, you are agreeing that you have been provided with the information above and that you agree to pay the specified fee before the final RPL assessment commences.

Candidate's signature:		Date:	
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Appendix 3 – RPL Evidence Samples - HLT52015 Diploma of Remedial Massage

The following units, in addition to those listed above, make up the Diploma of Remedial Massage

Unit name and code	Appropriate evidence for the unit
HLTAAP001 Recognise Healthy body systems	1. Statement of attainment for this unit within the last 2 or 3 years OR 2. Nursing or medical qualification 3. Third party verification that the candidate has obtained, correctly interpreted and used anatomical and physiological client information to check the physical health status of at least 3 different people presenting with different conditions 4. References (written or verbal) from current and/or previous employers which verify that you have performed these tasks on at least 3 different occasions 5. Response to questions during assessor interview 6. 3 Case studies written by the candidate that show these tasks have been completed with different clients 7. Demonstrations
HLTHPS010 Interpret and use information about nutrition and diet	1. Statement of attainment for this unit within the last 2 or 3 years OR 2. Third-party verification that the candidate has performed the following: <ul style="list-style-type: none"> ▪ Provided healthy eating advice to clients ▪ Understands the relationship between healthy eating, exercise, physical and mental health ▪ Understands the limitations of a massage professional in healthy eating advice ▪ Understands the link between poor eating habits and disease 3. Evidence of at least 3 client sessions in which you discuss healthy eating 4. Referrals written to or received from dieticians 5. Response to questions during assessor interview 6. References (written or verbal) from current and/or previous employers
HLTMSG003 Perform remedial massage musculoskeletal assessments	1. Statement of attainment for this unit within the last 2 or 3 years OR 2. A portfolio of evidence of candidate performing the following: <ul style="list-style-type: none"> ▪ Performed the activities outlined in the performance criteria of this unit during a period of at least 200 hours of massage client consultation work under supervision of an assessor with a TAE for at least 150 of the 200 hours ▪ prepared for and managed at least 60 massage musculoskeletal assessments - clients must include males and females from different stages of life with varied presentations 3. Video evidence showing that you have used all of the following remedial massage techniques appropriately: <ul style="list-style-type: none"> ▪ discussion ▪ muscle strength and length tests ▪ observation, including variations of posture ▪ orthopaedic tests ▪ palpation of prominent bones/structure and phasic and postural muscles ▪ ROM tests ▪ temperature 4. Third-party verification of the above. 5. Response to questions during assessor interview 6. References (written or verbal) from current and/or previous employers

<p>HLTMSG005 Provide remedial massage treatments</p>	<ol style="list-style-type: none"> 1. Statement of attainment for this unit within the last 2 or 3 years OR 2. A portfolio of evidence of candidate performing the following: <ul style="list-style-type: none"> ▪ Performed the activities outlined in the performance criteria of this unit during a period of at least 200 hours of massage client consultation work under supervision of an assessor with a TAE for at least 150 of the 200 hours ▪ prepared for and managed at least 60 remedial massage treatment sessions - clients must include males and females from different stages of life with varied presentations 3. Video evidence showing that you have used all of the following remedial massage techniques appropriately: <ul style="list-style-type: none"> ▪ frictions ▪ passive joint movement ▪ passive soft tissue movement ▪ deep tissue massage ▪ muscle energy ▪ neuromuscular ▪ press and release ▪ myofascial (without skin penetration) ▪ trigger point therapy (without skin penetration) ▪ lymphatic drainage ▪ temperature therapy ▪ proprioceptive neuromuscular facilitation (PNF) ▪ stretching ▪ mobilisation and movement at major joints (without adjustments or high velocity manipulations) 4. Third-party verification of the above. 5. Response to questions during assessor interview 6. References (written or verbal) from current and/or previous employers
<p>HLTMSG006 Adapt remedial massage practice to meet specific needs</p>	<ol style="list-style-type: none"> 1. Statement of attainment for this unit within the last 2 or 3 years OR 2. A portfolio of evidence of candidate performing the following: <ul style="list-style-type: none"> ▪ Performed the activities outlined in the performance criteria of this unit during a period of at least 200 hours of massage client consultation work under supervision of an assessor with a TAE for at least 150 of the 200 hours ▪ prepared for and managed at least 60 remedial massage treatment sessions - clients must include males and females from different stages of life with varied presentations 3. Video evidence showing that you have used remedial massage techniques appropriately 4. 3 case specific research reports 5. Third-party verification of the above. 6. Response to questions during assessor interview 7. References (written or verbal) from current and/or previous employers
<p>HLTMSG007 Adapt remedial massage practice for athletes</p>	<ol style="list-style-type: none"> 1. Statement of attainment for this unit within the last 2 or 3 years OR 2. A portfolio of evidence of candidate performing the following: <ul style="list-style-type: none"> ▪ Performed the activities outlined in the performance criteria of this unit during a period of at least 200 hours of massage client consultation work under supervision of an assessor with a TAE for at least 150 of the 200 hours ▪ prepared for and managed at least 60 remedial massage treatment sessions - clients must include males and females from different stages of life with varied presentations ▪ correctly assessed and treated at least 3 different sporting injuries to recovery stage 3. Video evidence showing that you have used remedial massage techniques appropriately 4. Third-party verification of the above. 5. Response to questions during assessor interview 6. References (written or verbal) from current and/or previous employers

HLTMSG008

 Monitor and evaluate remedial
 massage treatments

1. Statement of attainment for this unit within the last 2 or 3 years
- OR
2. A portfolio of evidence of candidate performing the following:
 - Performed the activities outlined in the performance criteria of this unit during a period of at least 200 hours of massage client consultation work under supervision of an assessor with a TAE for at least 150 of the 200 hours
 - prepared for and managed at least 60 remedial massage treatment sessions - clients must include males and females from different stages of life with varied presentations
3. Video evidence showing that you have used remedial massage techniques appropriately
4. 3 case specific research reports
5. Third-party verification of the above.
6. Response to questions during assessor interview
7. References (written or verbal) from current and/or previous employers

Appendix 4 – Sample Interview Questions - HLT52015 Diploma of Remedial Massage

The following units, in addition to those listed above, make up the Diploma of Remedial Massage

Unit name and code	Required questions to establish knowledge
HLTAAP001 Recognise Healthy body systems	<ol style="list-style-type: none"> 1. How can you obtain information about a client's health 2. Why it important to recognise and promote ways to support healthy functioning of the body? 3. Explain the basic structure and function of 3 of the body's systems 4. Outline the processes, conditions and resources required by the body to support healthy functioning
HLTHPS010 Interpret and use information about nutrition and diet	<ol style="list-style-type: none"> 1. Where can you find information about nutrition? 2. In which situations would you refer a client to a dietician or GP? 3. Explain the purpose, use and limitations of the Australian Dietary guidelines 4. What is the scope in term of nutritional advice? 5. Outline the risks associated to providing nutritional information to specific populations. 6. How can you direct clients to read and understand food labelling?
HLTMSG003 Perform remedial massage musculoskeletal assessments	<ol style="list-style-type: none"> 1. Explain your massage practice to date 2. How do you determine client needs? 3. What constitutes a physical assessment? 4. What is included in a treatment plan? 5. Why is it important to communicate the treatment approach? 6. What legal and ethical considerations exist 7. Outline the barriers to massage assessment 8. What factors might affect individual health status 9. Outline a range of contraindications 10. Using examples, outline why it is essential for a therapist to have a thorough knowledge of anatomy
HLTMSG005 Provide remedial massage treatments	<ol style="list-style-type: none"> 1. How do you prepare a client for treatment? 2. Explain the massage techniques and sequences you would use for a hypothetical client of your choice. 3. How can you monitor a treatment? 4. What type of advice would you expect to give to clients? 5. Describe 3 endangerment sites and what are the limitations of your practice? 6. Explain the type of reactions you might encounter during and after a treatment.
HLTMSG006 Adapt remedial massage practice to meet specific needs	<ol style="list-style-type: none"> 1. Outline how you might respond to an unfamiliar presentation. Use past experience to show understanding 2. How does the stage of life of the client impact on treatment strategies and assessment? 3. How can you extend and expand your own knowledge base 4. What are the legal and ethical considerations 5. What features of common health conditions affect children, adolescents, adult females and adult males? 6. What are the factors for consideration in palliative care? 7. What are your responsibilities when cases fall outside of your scope?

<p>HLTMSG007</p> <p>Adapt remedial massage practice for athletes</p>	<ol style="list-style-type: none"> 1. Explain your massage practice with athletes to date 2. How do you determine athlete needs? 3. What constitutes a physical assessment? 4. What is included in a treatment plan? 5. Why is it important to communicate the treatment approach? 6. What legal and ethical considerations exist 7. Outline the roles and responsibilities of other people associated in the health management of the athlete. 8. Explain the principles of biomechanics and human movement 9. What are the benefits of pre event and post event massage 10. What are the features of acute, chronic and overuse musculoskeletal injuries in sport (your assessor will give you 2 injuries to discuss) 11. When would cryotherapy or thermotherapy be used? 12. When is taping within the scope of practice?
<p>HLTMSG008</p> <p>Monitor and evaluate remedial massage treatments</p>	<ol style="list-style-type: none"> 1. How can you evaluate client progress? 2. What adjustments would you be likely to make on evaluation? Use examples to illustrate your answer 3. What are some barriers to the therapeutic process? 4. By what criteria are treatments evaluated? 5. How do expectations form the treatment differ for different client groups? 6. What are some sources of research that you could use to assist your own practice? 7. How can you develop your practice based on these judgements?

Appendix 5 – RPL and CT Application Form

Personal Information

Name _____ DOB: _____

Address _____ P/Code: _____

Suburb _____

Phone H _____ W _____ M _____

Email _____ Today's Date _____

How did you hear about us? _____

Select the course applying for course credit

Course Options

- HLT52015 Diploma of Remedial Massage

Unique Student Identified (USI)

If you're studying nationally recognised training in Australia from 1 January 2015, you will be required to have a Unique Student Identifier (USI) that links to an online account that contains all your training records and results you complete from 1 January 2015 onwards. The USI is needed before a qualification can be issued.

Do you have a Unique Student Identifier (USI)?

Yes - provide number

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- NO or NOT SURE - If you do not have a USI or not sure, you give ALG permission to verify this for you and obtain one on your behalf using the personal information you have provided and as per conditions of enrolment.

Skills Recognition Program

Currently practicing massage therapists can apply to have their skills recognized by providing us with information about their experience with massage in a clinical setting. Please note, you will be required to provide evidence of this experience including, but not limited to:

- Letters from your employer which explain your role as massage therapist
- Website details showing operational hours, therapies provided
- Relevant certification or qualifications
- Employment contracts

Depending on the nature and extent of your experience, skills recognition will determine the extent of course credit given.

Qualification or formal study in Massage

Education Provider	Name of Qualification	Dates Attended		Areas of Study
		From	Until	
<input type="checkbox"/>				
<input type="checkbox"/>				
<input type="checkbox"/>				

Describe your experience with Massage in a clinical environment

Over the course of your massage experience, estimate the total numbers of hours you would have performed massage in a clinical environment.

Recognition of Prior Learning and Course credit

Students may also gain course credit through recognition of prior learning or former structured learning, such as a previous qualification with a recognized massage organization or registered training organization.

To help with the course credit process, students are required to identify the modules and Units of Competency (UOCs) that they are applying for course credit. Below is a list of the units of competency that are covered in the courses that the Australian College of Sport and Fitness (ACSF) offers.

To complete the form below, students are required to tick the specific UOC they are applying for course credit and state the equivalent competencies or subject that they have studied. Students will need to provide evidence with this course credit application.

As the UOCs are clustered into modules, students must show evidence to support the entire group of UOCs in the module or the module must be undertaken.

Please note, the ACSF reserves the right to determine whether the knowledge within a competency has been fully achieved and whether course credit and/or RPL will be given.

List the Evidence to support your application:

Diploma of Remedial Massage – HLT52015

Unit Code	Unit Title		Supporting Evidence
CHCCOM006	Establish and manage client relationships	<input type="checkbox"/>	
CHCDIV001	Work with diverse people	<input type="checkbox"/>	
CHCLEG003	Manage legal and ethical compliance	<input type="checkbox"/>	
HLTAID003	Provide first aid	<input type="checkbox"/>	
HLTINF004	Manage the prevention and control of infection	<input type="checkbox"/>	
HLTMSG001	Develop massage practice	<input type="checkbox"/>	
HLTMSG002	Assess client massage needs	<input type="checkbox"/>	
HLTMSG004	Provide massage treatments	<input type="checkbox"/>	
HLTWHS004	Manage work health and safety	<input type="checkbox"/>	
CHCPRP003	Reflect and improve on own professional practice	<input type="checkbox"/>	
CHCPRP005	Engage with health professionals and the health professional system	<input type="checkbox"/>	
HLTAAP002	Confirm physical health status	<input type="checkbox"/>	

BSBSMB404	Undertake small business planning	<input type="checkbox"/>	
HLTMSG003	Perform remedial massage musculoskeletal assessments	<input type="checkbox"/>	
HLTMSG005	Provide remedial massage treatments	<input type="checkbox"/>	
HLTMSG006	Adapt remedial massage practice to meet specific needs	<input type="checkbox"/>	
HLTMSG008	Monitor and evaluate remedial massage treatments	<input type="checkbox"/>	
HLTAAP003	Analyse and respond to client health information	<input type="checkbox"/>	
HLTAAP001	Recognise Healthy body systems	<input type="checkbox"/>	
HLTHPS010	Interpret and use information about nutrition and diet	<input type="checkbox"/>	
BSBWOR203	Work effectively with others	<input type="checkbox"/>	
CHCPRP006	Lead own professional development	<input type="checkbox"/>	

Course Credit Payment Method

Payment for course credit applications can be made via direct deposit or credit card. Please select the payment option which you would like to pay with:

Pay by ►

Direct Deposit

Credit card

Payment Information

Credit Card Payment Details

Select Credit Card:

Visa

MasterCard

Name card: _____

Card Number:

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Expiry:

--	--	--	--

By ticking this box I, _____ (credit card holder name) give permission for SOM to use the details.

Direct Deposit Payment Details

When making direct deposit ADD your Full Name as the reference.

Account name: Australian Learning Group Pty Ltd

Account number:

1019 8588

BSB: 062 032

Candidate Declaration and Authority to Release Information

By signing below, I declare that:

- I have been advised of the recognition assessment process and understand my rights and responsibilities as a recognition candidate.
- This portfolio is my own and contains no material written by another person except where due reference is made. I am aware that a false declaration may lead to the withdrawal of a qualification or statement of attainment.
- I have organised and named the files I am submitting according to the instructions provided and I am aware that ACSF will not assess work that cannot be clearly identified and may request the work be resubmitted according to the correct process.
- I am aware that the ACSF has a policy of checking the validity of qualifications that I submit as evidence as well as the qualifications/evidence of parties who verify my performance or observable skills. I give my consent for the ACSF to contact these parties for verification purposes.
- I hereby give permission for ACSF to contact any third party I have referenced for verification of my currency.
- I choose to be assessed at this time.
- I hereby consent to ACSF making enquiries and verifying documents and qualifications submitted as part of this application.
- I expressly authorise issuing institutions and authorities, including private RTOs, TAFE institutions and universities to provide verification to ACSF of qualifications and statements of attainment issued to me.

I _____ (applicant name) declare that the information that has been provided in this course credit application is true and accurate, and that I have submitted true copies of the original certificate and transcripts.

Signature: _____

Date: _____