

## UPDATE - Course Credit for holders of Brazilian Sports Degrees

The *Australian College of Sport & Fitness* gets many course credit enquiries for Brazilian students holding Bachelors Degrees in Sport or Physical Education.

The College has contact with Fitness Brazil and the Conselho para a Profissão de Educação Física (Council for the Profession of Physical Education) and so directly aware of the sector and education in Brazil.

With this knowledge we can map available course credit pathways for students holding these qualification. This update aims to clarify the process and options for students with these qualifications.



### Brazilian Fitness & Sport Sector

A Bachelor degree is the minimum level for students to enter the sport, physical education and fitness sector in Brazil. In general, Bachelor degrees in physical education can be one of 2 streams:

- Stream 1 – preparing student to teach *children* physical education at schools
- Stream 2 – for general entry into the sport and fitness sector in Brazil

Child Stream – students who have only taken a qualification for Child Physical Education will have limited course credit options with ACSF. Our courses deal with fitness instruction and personal training for a range of clients, children to adults. Also, more credit to our courses can be provided where there is clear evidence on the academic transcript that the student has undertaken studies in fitness, fitness assessment, fitness programming etc for all range of persons not just sport training.

### Additional Evidence Helps

In addition to the Bachelors degree the following vocation experience helps the college maximize the Course credit possible:

- *Where did they do their internship during the course (fitness sector, high school, sports club – where?)*
- *Show an academic transcript with as much subject details as possible.*
- *Can the student show evidence their training covered all ranges of clients not just children?*
- *Was the student a registered member or Conselho para a Profissão de Educação Física after their qualification?*
- *Has the student ever worked as a fitness instructor or personal trainer?*
- *If yes, can they show evidence of this e.g. fitness programs they may have written for clients*

### Can full RPL ever be granted?

No. The nature of our qualifications being from the Australian VET sector mean that there will always be modules and units that a student has not covered. The main examples of skills gaps we experience include:

- Australian First Aid certificate
- Australian legislations for workplace, business and WHS issues, nutritional standards
- Group fitness experience
- Personal Training for adults and older adults (not just children)

### What is the approach of Course Credit in these cases?

The approach to course credit with holders of these qualifications is to provide credit for the more theoretical knowledge parts of the course *e.g. Anatomy, fitness principles* and provide gap or reduced training plans for the units that the student does not have sufficient evidence for.

### Mapping and Student Option Tables

The following table provides a general guideline of what students with these degrees have. Please note every student case is different and must be assessed formally before final outcomes of course credit can be given.

<p><b>Certificate III in Fitness</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> 3 x terms of study</li> <li><input type="checkbox"/> Expected skills gaps <ul style="list-style-type: none"> <li>• Australian First Aid certificate</li> <li>• Australian legislations for workplace, business and WHS issues</li> <li>• Australian recommended nutritional standards</li> <li>• Group fitness experience</li> <li>• Training in wide variety client types</li> <li>• Practical experience delivering fitness instruction</li> <li>• English language proficiency with these skills</li> <li>• Specialist study with Older adult clients</li> </ul> </li> </ul>	<p><b>Classroom (CRICOS)</b></p> <p>Student would be attending <u>1 term</u> Certificate III in Fitness to cover the skills gaps. Some addition gap training or assessment tasks from normal term work may be required. The cost of this would be normal term fees for the term and enrolment and material contribution fees.</p>
<p><b>Certificate IV in Fitness</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> 3 x terms of study</li> <li><input type="checkbox"/> Expected skills gaps <ul style="list-style-type: none"> <li>• Australian legislations for workplace, business and WHS issues</li> <li>• Specific personal training skills with broad range of client types including children</li> <li>• Practical experience delivering personal training</li> <li>• English language proficiency with these skills</li> </ul> </li> </ul>	<p><b>Classroom (CRICOS)</b></p> <p>Student would be attending <u>reduced number terms (1 to 3)</u> of Certificate IV in Fitness to cover the skills gaps. Some addition gap training or assessment tasks from normal term work may be required. The cost of this would be normal term fees for the term and enrolment and material contribution fees.</p>